

PSP

Pastoral support Plan
AKA Parent support Plan

What is a PSP?

- * A PSP is a Pastoral support plan. We use these in school as a tool to support students.
- * A PSP is written together with parent and student where achievable goals are set and actioned.
- * The PSP outlines the package of support required and who is going to deliver this support.
- * The PSP identifies the needs as well as celebrating strengths.

Parent support Plan

- * A parent support plan is to help you!
- * It can be a daily or weekly reminder of what **you** need to do to get through the next 8 months
- * You can add to your PSP at anytime.
- * Your PSP is flexible and may include treats for you and your child.
- * Remember to set achievable targets .
- * Identify and realise your strengths and weakness in supporting your child. Remember you do not have a superpower!

An example of a PSP : Parent support plan

- * This PSP is devised to support the needs of all parents who will experience the highs and lows of their already moody and hormonal child through the next 8 months as the build up to GCSE starts.

Target 1

- * To come out of the next 8 months knowing that I am still loved.
- * How this will be shown? – My child will still be speaking to me in June .



Target 2

- * To not increase my over draft by promising thousands of pounds to my child if they get all A*s.
- * How will this be shown - There is money left for the basics in life, like paying the mortgage and buying bread and milk.
- * At the beginning of this presentation, we said that all goals should be achievable. By promising money and if students fail in their and your expectation, then this could have the opposite effect and make students feel worse when the grades are not as expected. Organise something nice to do regardless of the grade.

Target 3

- * To come out of this process with a confident, smiling young person who knows that whatever happens, they are loved
- * How will this be shown – by loving them regardless. Try to remember that this is about them, they own their own destiny, you cannot take the exams for them, you can only travel this journey with them. The road will be long and very bumpy, but by showing them that they are loved and always supported, they will thrive.

How will the school support ?

- * 01747 854498 – we will do our best to make sure that we are here to answer all your questions in the build up to Summer 2017. But you need to make the call.
- * The staff here at Shaftesbury are a friendly bunch, committed to the best outcomes for your child. Staff will be available to talk to about any concerns you have.
- * Extra tuition sessions will start within departments very soon....watch this space!

What will you do to support the plan?

- *  Be wise – you are the experts in knowing your child's needs and wants.
- * Love unconditionally – remember that underneath the stressed and hormonal exterior is still the most beautiful thing you ever saw. They are still that amazing beautiful child, afraid and totally unaware of what is to come.....They have never trodden this path before. They still need you!

