

Shaftesbury Sixth Form

Summer Preparation Task

Subject name: Sport Level 3 BTEC

Exam Board: Pearson/Edexcel

Purpose of task:

These summer tasks will help you to get ahead of the game and ensure that you start with a solid foundation in September, so enjoy and good luck!

Recommended resources:

Attached is a resources list that will help you with your assignment. You can use your own clips from sport but you need to make sure that these are correctly referenced.

Task 1:

You will select **a team and an individual sport both** of which are Olympic sports. Watch a video clip on a competition or match from each sport and analyse the performances. You then need to generate from your video analysis a written report which should include;

- Rules/laws as regulated by the national or international governing body for the two selected sports
- Competition rules/laws and regulations
- Unwritten rules and/or etiquette specific to sport
- Regulations for sports under competition rules

You must also include situations where the officials, who regulate the sport, have applied rules/laws both legally, and illegally.

You should assess the effectiveness of the officials in their application of the rules and regulations, discuss their roles and responsibilities when applying the rules/laws and regulations. It is important to consider the impact of the decisions made by the officials, giving your own view of how the decisions have affected the game.

Deadline for task:

PRINT YOUR WORK AND BRING IT to the first TAUGHT BTEC Lesson in September 2018. This report will help prepare you for your first assignment in the Practical Sports Module.

Textbooks

Edwards J, Badminton: Technique, Tactics, Training (Crowood Sports Guides), The Crowood Press Ltd, 1997 ISBN 9781861260277

Griffin LL, Mitchell SA and Oslin JL, Teaching Sport Concepts and Skills: A Tactical Games Approach, Leeds: Human Kinetics, 1997 ISBN 0880114789

Jones S, Rugby: Passing, Catching, Kicking (Know the Game Skills), London: A&C Black, 2009 ISBN 9781408114100

Parkhurst A, Tennis: A Complete Guide to Tactics and Training (Sporting Skills), First Stone Publishing, 2005 ISBN 9781904439479

Redknapp H, Soccer Skills and Tactics, Paragon, 2002 ISBN 9780752590448

Volleyball England, Volleyball (Know the Game) (Third Edition), London: A&C Black, 2006 ISBN 071367900X

Woodlands J, The Netball Handbook, Human Kinetics Europe Ltd, 2006 ISBN 9780736062657

Videos

A range of videos involving elite sports competition are suggested for this assignment;

Advanced Badminton (DVD) (NTSC) – United States National Champion, Kevin Han, demonstrates how to become a top-level badminton player.

Basketball Power Forward Skills and Drills – Optimize Your Skills – Become a Better Player – Techniques and skills to achieve high-level basketball performance.

Cilene Drewnick: Building an All-Around Volleyball Athlete with Brazilian Training Methods (DVD) – Training techniques to be successful in volleyball.

FA Cup Final: 2006 – The Gerrard Final (DVD) – Features the classic 2006 FA Cup final between Liverpool and West Ham United.

London 2012: Gymnastics – Going for the Gold (DVD) – Features performances from the 2012 London Olympics.

Rugby World Cup 2015: The Final (DVD) – Coverage of the 2015 Rugby Union World Cup final between Australia and New Zealand.

The Australian Open Tennis Championships 2012: Men's Final (Novak Djokovic V Rafael Nadal) (DVD) – Features the classic men's final from 2012.

The Greatest moments in track and field – Sprint and Field Events (DVD) – Features a range of world-class performances in track and field athletics.

Websites

www.badmintonengland.co.uk – Badminton Association of England

www.britishcycling.org.uk – British Cycling

www.british-gymnastics.org.uk – British Gymnastics

www.britishswimming.org – Amateur Swimming Association

www.britishvolleyball.org – British Volleyball Association

www.englandbasketball.co.uk – English Basketball Association

www.lta.org.uk – The Lawn Tennis Association

www.olympics.org.uk – The British Olympic Association

www.rfu.com – The Rugby Football Union

www.sportsofficialsuk.com – Sports Officials UK

www.thefa.com – The Football Association

www.ukathletics.net – UK Athletics

www.uk sport.gov.uk – UK Sport